

Adams County 5k Run/Walk Challenge

Website: www.adamscounty5kchallenge.com

Facebook: www.facebook.com/adamscounty5k

Registration Costs for 2019!

- ❖ 12 RACES FOR THE PRICE OF 8
- ❖ Adults:
 - Registration with t-shirt at each race - \$160.00
 - Registration – NO t-shirt - \$120.00
- ❖ Students (18 and under)
 - Registration with t-shirt at each race - \$120.00
 - Registration – NO t-shirt - \$80.00

Individual race registration information will be on the 5k website

Send registration form and check to:

Jeannie Smith, 7257 N 100 E, Decatur IN 46733.

Make checks payable to: Adams Co. 5k Run/Walk Challenge

- ❖ Earn 7 participant points for each race. Additional points for placing in your age group. See website for details.
- ❖ Awards given to top 3 in each adult (19+) age group
- ❖ Awards presented at the Rainbow Lake
- ❖ 5K Race Results and Challenge Standings posted on website.
- ❖ The first **50 Adults** (19 and older) to register for the challenge will receive a participant gift at the Rainbow Lake 5K
- ❖ **Adults must participate in a minimum 8 events to qualify for awards.**

Age Groups

18 & under 19-29 20-29 30-39 40-49 50-59 60-69 70+

Note: Your age when starting the challenge will be your age for the remainder of the challenge races

THE RACES

- ❖ **St. Joe HASA Fun Run & 5k Run/Walk**
Saturday, April 6, 2019 Fun Run @ 9am, 5K @ 10 am.
Cannonball Park, Decatur Contact: Brian Baker 260-724-2765
- ❖ **Swiss Village 5K Lauf/Spaziergang Kids /55+ 1 Mile Walk/Run**
Saturday, April 13, 2019 9am Wellness Pavilion
1201 Emmental Drive, Berne Contact: Briana Eicher 260-589-4496
- ❖ **11th Annual Run Over Violence 5K Run/Walk**
Saturday, April 27, 2019 9am
Adams Memorial Hospital, Decatur Contact: Anita Miller 260-728-9800

THE RACES (cont.)

- ❖ **Monroe Lions Club 5K Run/Walk**
Saturday, June 1, 2019 8:15am
East side of Adams Central H.S., Monroe Contact: Al Arnold 260-692-6610
- ❖ **Hope Run for Haiti 5K Run/Walk**
Saturday, June 8, 2019 8:30am
Race Course: Limberlost Trails Geneva, IN Contact: Deb Gerber 260-849-3622
- ❖ **CG Sports – Run With Endurance 5K Run/Walk**
Saturday, June 22, 2019 9am
1st & Madison Street Plaza, Decatur Contact: Tim Powell 260-241-4875
- ❖ **Swiss Days Race**
Saturday, July 27, 2019 8:15am
Jefferson Street, Berne Contact: CeAnn Weaver 260-589-2151
- ❖ **North Adams Strides for Kids – 5k Run/Walk & 1 Mile Kids Fun Run**
Saturday, August 3, 2019 Fun Run @ 8am 5k @ 8:30am
Bellmont HS, Decatur Contact: Leah Thompson 260-724-7146
- ❖ **Adams Memorial Hospital/Kekionga Greenway Gallop 5K**
Saturday, August 17, 2019 6:30pm
Riverside Center, Decatur Contact: Linda Morris 260-724-2604
- ❖ **Catch Your Breath 5K Run/Walk & Kids 1 Mile**
Saturday, September 7, 2019 9am
Adams Memorial Hospital, Decatur Contact Alexa Melcher 260-724-2145 ext. 11036
- ❖ **The Adams County 10K Challenge – NEW DATE**
Cost: \$10 for Challenge Participants/\$20 for all others
Saturday, October 19 2019 10:00am
Adams Memorial Hospital, Decatur Contact: Jeannie Smith 260-724-7121 ext 4
- ❖ **Callithumpian Canter 5K & 1 mile Fun Run**
Sunday October 27, 2019 Fun Run @ 1:30pm 5K at 2:00 p.m.
Bellmont H.S. 1000 N. Adams Drive, Decatur Contact: Linda Morris 260-724-2604
- ❖ **Rainbow Lake 5K**
Saturday, November 30, 2019 10am
Limberlost Cabin, Hwy 27 Geneva Contact: Clint Anderson 260-589-2101

REGISTRATION DEADLINE FOR THE ADAMS COUNTY 5K CHALLENGE IS MARCH 31

Name (Please Print): _____ Date of Birth (Required): _____ Sex: M F

Registration Type ___ Adult w/ shirt(\$160) ___ Adult w/o shirt(\$120) ___ Student w/ shirt(\$120) ___ Student w/o shirt (\$80)

T-Shirt size: Adult Sizes: S M L XL XXL Youth Sizes: S M L

Address: _____ City: _____ State _____

Phone Number: _____ Email: _____

Emergency Contact name and phone number _____

Waiver and release: The signing of this entry form and the participation in the Adams County Run/Walk Challenge is with full knowledge of the risks involved therein and the undersigned individually and/or as parent or guardian assumes the risks of injury, sickness or health defects including death, resulting from or received during participation in the races, and further releases and agrees to save harmless Adams County Race Directors from any liability, damage, claim or judgment that may result or arise from the participation of the participant in these races.

Signature _____

Parents Signature if under 18 _____