

NORTH ADAMS COMMUNITY SCHOOLS "STRIDES FOR STUDENTS"

5K RUN/WALK & 1 MILE KIDS' FUN RUN

SATURDAY, AUGUST 3, 2019

8:00 AM START - 1 Mile Fun Run

8:30 AM START - 5K Race

Packet Pick Up & Registration: 7:30-8:00 AM

RACE LOCATION: Belmont High School Campus
1000 North Adams Drive, Decatur, IN 46733

DETAILS:

1 mile Fun Run [12 and under] - 8:00 AM Start Time

5K Race [all ages] - 8:30 AM Start Time

Packet Pick Up & Registration: 7:30 AM-8:00 AM

COURSE DESCRIPTION: Race will be a paved road race with some grass terrain

AWARDS: Overall Female & Male award. 1st, 2nd, 3rd place runners in each Female and Male age group. Fun Run participants will receive a participation ribbon.

5K AGE GROUPS: 14 & Under, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

CHIP TIMING: The race will be chip timed with results posted on the Adams County 5K website

REGISTRATION:

\$20.00 - 5K includes a t-shirt

\$13.00 - 5K without a t-shirt

\$12.00 - Fun Run includes a t-shirt

\$5.00 - Fun Run without a t-shirt

(pre-registration deadline to receive a t-shirt is 7/22)

Race Day Registration: \$20.00 includes a t-shirt while supplies last.

This race is a part of the Adams County Race Challenge Series. Go to <http://www.adamscounty5kchallenge.com> to register for the series.

Cut along line & return form

ENTRY & WAIVER OF LIABILITY MUST BE SIGNED IN ORDER TO PARTICIPATE

Make checks payable to: North Adams 5K.

PLEASE PRINT.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Date of Birth: ____/____/____

Age: _____ Gender: M or F

Shirt Size [please circle]:

Youth: S M L

Adult: S M L 2XL other: _____

Registration Information:

___ 5K with shirt

___ 5K without shirt

___ Fun Run with shirt

___ Fun Run without shirt

RELEASE AND INDEMNIFICATION - READ BEFORE SIGNING: The signing of this entry blank and the participation in the North Adams 5K Run/Walk Wellness Challenge is with full knowledge of the risks involved therein and the undersigned individually and/or as parent or guardian assumes the risk of injury, sickness or health defect including death, resulting from or received during participation in the race, and further releases and agrees to save harmless North Adams Community Schools, its committees and sponsoring and assisting agencies and individuals from any liability, damage, claim or judgment that may result from or arise out of the participation of the participant in this race.

Signature: _____

[Entry must be signed by participant]

Date: _____

Signature [Legal Guardian]: _____

[If participant is under 18 years of age, the signature of a legal guardian is required.]

Mail registration forms to: Leah Thompson | 625 Stadium Drive | Decatur, IN 46733